# TuftsCareerCenter1

Professional Competencies Reflection

Plot summer & campus jobs, internships, volunteer experiences, student organization initiatives, course projects, etc.

| **My Experience** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  [Type a quote from the document or the summary of an interesting point. You can position the text box anywhere in the document. Use the Drawing Tools tab to change the formatting of the pull quote text box.]  [Type a quote from the document or the summary of an interesting point. You can position the text box anywhere in the document. Use the Drawing Tools tab to change the formatting of the pull quote text box.] | | |
| --- | --- | --- |
| **Job Duties/Responsibilities** | **What I Actually Do**  *(Describe your tasks in greater detail)* | **Competencies Developed** |
| **Example:**  Conduct research and report findings to supervisor | * Analyze information from multiple sources and distill critical content into summaries * Prepare PowerPoint presentations to display my findings * Write weekly status updates and communicate regularly with supervisor about goals and challenges | Critical Thinking  Oral/Written Communications  Civic Engagement   Teamwork/Collaboration  Digital Technology  Global/Intercultural Fluency  Leadership  Professionalism/Work Ethic  Career Management |
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